

Lumberjack Kick-off Breakfast

Pancake Cook-off & Relay Flip

Saturday, Sept. 9, 9 to 11 a.m.

Old Central School, Downtown Grand Rapids

LIVE UNITED



United Way of 1000 Lakes

REGISTRATION FORM

Business: _____ Contact Person: _____

Company Address: _____ City: _____ Zip: _____

Phone: _____ Cell: _____ Email: _____

*Cook-off Team Name: _____ **Relay Team Name: _____

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|----------|----------|
| 1. _____ | 1. _____ |
| 2. _____ | 2. _____ |
| 3. _____ | 3. _____ |
| 4. _____ | 4. _____ |

*PANCAKE COOK-OFF (9-11 AM):

HEALTH REQUIREMENTS & GUIDELINES:

- Pancake Cook-off registration is free. Kick-off Pancake Breakfast is \$6 per adult, \$3 for those ages 6-12 and free for those 5 and younger.
- United Way will provide cooking tent with grill; latex food service gloves; and hand washing solution.
- Check-in begins at 8:30 a.m. Cook-off begins at 9 a.m. and ends at 11 a.m. Teams will be issued a 30 minute time slot in the cook area.
- Each contestant will be given a chefs' hat to wear. Teams may wear costumes, dresses, skirts, aprons, or team uniforms.
- Team must make at least 4 dozen (stacked silver-dollar portions) servings for public sampling and arranged on serving tray (provided).
- Food must come from an approved commercial source (grocery store). Garden fresh produce is acceptable. No home processed foods.
- All food MUST be prepared on-site at event or in a licensed kitchen (restaurants, churches, non-profit organizations).
- Refrigerated foods, including batter, must be kept cold and maintained at 41° or below.
- All servers/preparers shall maintain their hands in clean, sanitary condition (wash hands immediately after going to the toilet, handling raw food).
- You must serve/prepare all food to the public with gloved hands. All condiments, like strawberries, must be served by you or using a utensil.
- An adult shall be responsible for the operation of the booth and shall supervise any minors in the booth.

AWARDS:

- Judging will take place throughout the morning and winners will be announced at the Award Ceremony beginning at 10:45 a.m.
- A panel of celebrity judges will rate aroma, presentation, taste, density and texture to determine winners.

I agree to comply with all written and announced cook-off rules. I understand and accept that risk, and agree to indemnify and hold harmless all persons and organizations associated with the event and for any loss or damages arising from any injury I may incur.

Signature _____ Date _____

**PANCAKE FLIP RELAY (10 AM):

GUIDELINES & RULES:

- Event registration is free. Kick-off Pancake Breakfast is \$6 per adult, \$3 for those ages 6-12 and free for those 5 and younger.
- Registration begins at 9 a.m. Race begins at 10 a.m. at Old Central School and continues around the school grounds (approx. 4 City blocks).
- Each contestant will be given a chefs' hat and race number to wear. Teams may wear costumes, dresses, skirts, aprons, or team uniforms.
- Immediately before the race, all contestants will be issued a pan and pancake to be used in relay.
- Each member of the four-person team will complete a leg of the race (approx. 1 City block) while continuously flipping a pancake in a skillet.
- Dropped pancakes may be picked up and returned to the pan without penalty.
- The contestant shall follow the race course to the finish line, first team to complete course without any penalties, wins.
- All contestants must return pans at finish.

AWARDS:

- Winners will be announced during the Award Ceremony beginning at 10:45 a.m.

I agree to comply with all written and announced rules. I understand that the race will be conducted in conditions that may be cold, slippery, and could pose unusual risk of slipping. I understand and accept that risk, and agree to indemnify and hold harmless all persons and organizations associated with the event and for any loss or damages arising from any injury I may incur.

Signature _____ Date _____